



Aikido Summer Camp 2010

with
Ulf Evenås Shihan 7 Dan

9 – 13 of August 2010
Klaipėda, Lithuania

Arranged by
Ulf Evenas Aikido Center
with
Takemusu Aikido Association Lithuania

www.aikido.lt

Welcome to the Seventh International Aikido Summer Camp in Lithuania

We are proud to present Seventh International Aikido Summer Camp in Lithuania with Ulf Evenås Shihan 7 Dan. The Camp will take place at Giruliai “Žuvėdra” resort in Klaipėda, Lithuania from 9th to 13th of August 2010 with five full days of practice.

A week of intense training and great time together with one of the highest-ranking Shihans of Takemusu Aikido will be an event to remember.

We believe this will make a perfect opportunity for practitioners of all levels to train together, have a great time, meet old friends and make new friendships. It is our deepest wish to create an environment where all could benefit in a true Aikido spirit.

We are looking forward to seeing you at the Camp.

Sincerely,
Ulf Evenas Aikido Center
with
Takemusu Aikido Association Lithuania

Giruliai “Žuvėdra” resort

Giruliai is located on a coast of Baltic Sea. Camp will be arranged at “Žuvėdra” resort in Giruliai. It is established in wild spot of nature nearly untouched of human hands surrounded with pinewoods and enframed with the sea. It provides the possibility to train, live, dine and relax at the same place. Being relatively isolated and calm, it is yet 7 kilometers away from Klaipėda, the port city of Lithuania.

Western Lithuania

West coast of Lithuania has to offer 99 kilometers of sandy beaches. Klaipėda, center of Western Lithuania, has a unique connection to Curonian Spit that has been included into Unesco World Heritage list for it's splendid dunes and forests. In some place being just 2 kilometers in width Spit is captured by Curonian lagoon and Baltic Sea.



Ulf Evenås Shihan 7 Dan Aikido

Ulf Evenås started Takemusu Aikido in 1969. Having become an Uchideshi in Iwama for the first time in 1973, he had been regularly going to Iwama and to Saito Senseis seminars. Ulf Evenås holds the 7 Dan and the highest teaching level of Takemusu Ken and Jo. Saito Sensei had appointed him Shihan and his personal representative. Ulf has been teaching in the whole Europe, Russia, Malaysia and Australia.



Information

Camp is limited up to **60 participants**. In order to be included at the participation list, please fill in this registration form

<http://www.aikido.lt/?page=gasshuku&lang=en>

before **20th of May 2010** and pay advance fee of **50 Euro** before **1th of June 2010**. Rest part must be paid after arrival before the training starts.

Before transferring money please ensure that you will be participating in the Camp. Withdrawing your participation you will be fully refunded advance fee (except banking taxes) if you will inform organizers via e-mail before 15th of June. Otherwise money will not be returned.

Price: 215 Euro (740 Lt) per person (5 days of training, 6 nights accommodation in 4-bedded and 5-bedded rooms and catering 3 times a day).

The Camp will consist of five days of training, four training sessions a day. First class starts on Monday morning. Last class starts on Friday afternoon.

The food will be provided during the five days of training, Monday to Friday. For extra meals, there is a local café.

Bring your bokken and jo with you.

Make sure that you are **fully insured** for aikido practice in Lithuania.

Arrival: Participants are welcome on 8th of August 2010 from 14.00 p.m.

Departure: On 14th of August 2010 before 12.00 p.m.

Additional info:

Ph. +370 683 45303

E-mail: gasshuku@aikido.lt

Travel connection

There are several ways to come to Lithuania – plane, ferry, bus or car. For further information please visit:

www.ecolines.lt

www.eurolines.lt

www.krantas.lt

www.airbaltic.lt

If you travel through Vilnius the best way to reach Klaipėda is by bus. For further information please visit:

www.toks.lt

From Klaipėda you may take a taxi to come to Giruliai “Žuvėdra” resort.

In case you have some questions please do not hesitate to ask us through gasshuku@aikido.lt